



5K/10K Race
Tempe Town Lake Beach Park

The event is a 5K (3.1 miles) and 10K (6.2 miles) race at the Tempe Town Lake Beach Park. The event also includes a .5 mile kids fun run for youth ages 12 and younger. This is a fun event for all ages and ability levels! Proceeds benefit Arizona Disabled Sports.

Date: Saturday, January 9th, 2010

Time:

5K/10K Roll	8:00am
5K/10K Run, Walk	9:15am
.5 mile kids fun run	10:45am

Location: Tempe Town Lake Beach Park
620 N. Mill Avenue, Tempe, AZ

Entry Fees: 5K and 10K events –
\$25 through January 6th
\$35 Race Day, January 9th

.5 mile kids fun run event –
\$10 for 12 years and younger

Registration and information available at:
www.RunWalkRollAZ.com

The primary mission of Arizona Disabled Sports is to provide a wide variety of sports and recreation opportunities for individuals with disabilities. Through participation, the athlete will realize individual accomplishment, self-esteem, respect for themselves and others.

“Let no one sit on the sidelines”

Contact information:
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